



PROFESSIONAL DEVELOPMENT COMMITTEE  
FEBRUARY 18, 2026, AT 1:00 PM, DON FISHBOWL & TEAMS  
**MINUTES**

**Helena College Mission:** Helena College supports our diverse community by providing the paths and tools necessary to assist learners in achieving their educational and career goals.

**Professional Development Committee Mission:** The Helena College Professional Development Committee distributes allocated funds to support both individual growth and campus-wide initiatives, ensuring the greatest impact for the college's educational, instructional, and professional development goals.

**Professional Development Committee Objectives:**

1. Allocate professional development funds based on clearly defined criteria to ensure consistent and equitable distribution among applicants.
2. Strengthen campus-wide professional development by offering targeted workshops and training sessions that address the diverse needs of all employees.
3. Enhance the quality of education by supporting faculty, staff, and directors in incorporating current best practices and updated industry standards into their curriculum and operations.

Attendees

- Marika Adamek**, Assistant Registrar
- Beau Howard**, Accounting Associate IV
- Amy Kong**, Director of eLearning & Faculty Development
- Jessie Pate**, Chair, Director of Institutional Research & Effectiveness

- Sevda Raghieb**, Director of Nursing
- Larry Taylor**, Anatomy & Physiology Instructor
- Mary Twardos**, Human Resources Generalist
- Glen Zeigler**, Welding Instructor
- Katelynn Eberhardt**, Guest, Director of Student Wellbeing & Engagement

Pre-Reads and Supplemental Materials in Team Files

- PDC Minutes 20260120
- Support Resources for Supervisors

Agenda

**Student Wellbeing PD Activity**

- Plan from last meeting – 1 hour with three parts (might eliminate part 2 if we cannot find someone) - aim for mid-late March
  - Part 1: About our students (Katelynn) - college health survey scheduled for March, historical survey data also available, CARE/early alert information
  - *Part 2: Guest speaker about identifying and supporting students struggling with mental health –*
  - Part 3: Resources and strategies for classroom and student services (Katelynn, maybe Veronica, Kathy
  - If no part 2 – group discussion
- **Actions from last meeting**

- Katelynn will ask her contacts about being a guest speaker, would like this person to attend in person
  - ACUE short course on wellbeing – has a lot of practical strategies for faculty – recognize and address signs of distress, strategies to support, connecting students to resources
  - Healthy Minds from 2023, NCHA being run this March, potentially system-wide data
- Sevda reached out to Kathy
  - Willing to share tips and tricks to support students, will plan with Veronica, not available March 30 – April 1
- Amy reached out to Veronica
  - Willing to share classroom experiences, requested weeks of March 16 or April 6
- **Proposed time: March 18, 12:00 – 1:00**
  - Share out ACUE course, then invite campus to a discussion about what’s going on at HC – Katelynn, Kathy, Veronica to share (15 minutes), then group discussion about what others are doing, what’s working, what’s hard, etc.
    - Katelynn- data, strategies
    - Kathy – student services strategies
    - Veronica – classroom strategies
  - **Beau will write up for MMM to run 3/2, 3/9, and 3/16 & “host” the event.**
    - Share ACUE course and what it offers
    - Student Wellbeing Conversation with Katelynn, Kathy, and Veronica
    - Don 123
  - **Jessie will move next month’s PDC meeting from Fishbowl to 123 and make a Vector event for this activity.**
  - **Katelynn will coordinate with Kathy and Veronica on a 15-minute presentation to kick the discussion off**

#### Approve Minutes

- January 20, 2026 – Marika motioned, Sevda seconded, approved

#### Budget Update

- About \$3,000 remaining to allocate.

#### Offerings for the Year

- ACUE Commons
- Growth Mindset PD activities? (topic recommended by Academics Leadership)
  - Want to develop a growth mindset in faculty and staff
  - Mary can talk to Karen at OCHE – either if she can present or knows a presenter?
    - Articles in Teams
    - Resources in AllOneHealth.com (EAP)
  - ACUE Effective Teaching has a module (LE4) with growth mindset content
  - **Mary to respond to Karen asking for a summary/overview of her trainings and we will go from there.**



### Resources to Support Supervisors in Approving PD Apps

- Support Resources for Supervisors
- Update from Vector about supervisor notifications

### Next meeting

- Wednesday, March 18, at 1:00 PM in DON Fishbowl