

Academic Pathways Map
Exercise Science, Pre-Athletic Training Transfer to UM

A.S. Jumpstart
Health Sciences

Start Here

SEMESTER 1		CREDITS	MILESTONE	✓
Choose 1 of 2	M151, M171	4		
WRIT101	College Writing I	3		
BIOB160	Principles of Living Systems	4	*	
CHMY121	Introduction to General Chemistry	4		
COLS101	First Year Seminar	3		

TOTAL CREDITS 18

SEMESTER 2		CREDITS	MILESTONE	✓
STAT216	Introduction to Statistics	3		
CHMY123	Introduction to Organic and Biochemistry	4		
COMX111	Introduction to Public Speaking	3	*	
NASX105	Introduction to Native American Studies	3		
PSYX100	Introduction to Psychology	3		

TOTAL CREDITS 16

SEMESTER 3		CREDITS	MILESTONE	✓
Choose 1 of 3	ARTZ101, HSTA101, LIT110	3		
PHSX205	College Physics I	4		
BIOH201	Anatomy and Physiology I with Lab	4	*	
SPNS101	Elementary Spanish	4		

TOTAL CREDITS 15

SEMESTER 4		CREDITS	MILESTONE	✓
SPNS102	Elementary Spanish II	4		
BIOH211	Anatomy and Physiology II With Lab	4	*	
SOCI220	Race, Gender, and Class	3		
BIOM250	Microbiology for Health Sciences with Lab	4		

TOTAL CREDITS 15

You are finished!



Pathway Advising Notes: none

Course Advising Notes: COMX111: Course offered every fall, spring, and summer semesters

PSYX100: D & CHAI, Course offered every fall, spring, and summer semesters

1 of ARTZ101, HSTA101, LIT110: H&FA course, each recommended course meets additional UM core requirements.

SPNS101: H&FA course, preparation for SPNS 102 which meets the UM Language requirement

SPNS102: Meets UM language requirement.

SOCI220: Course meets 2 UM core requirements